

# **Comparison of Osseointegration between Traditional implants and Compressive implants at extraction and immediate implantation**

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➤ **Introduction:**

Osseointegration is a term used to describe the process by which titanium implants achieve a permanent bond with the bone. This concept marked a significant advancement in oral rehabilitation, with many studies following the development of osseointegrated implants. The success rate for these implants is reported to exceed 90%, with variations depending on the location: approximately 81% in the maxilla and 91% in the mandible. The use of dental implants to stabilize full prostheses has become increasingly prevalent due to their positive impact on oral health and quality of life, including benefits in bone preservation, function, aesthetics, and phonetics. Dental implants are available in various sizes, generally ranging from 3 mm (narrow diameter) to 7 mm (wide diameter), with the "standard diameter" typically falling between 3.7 mm and 4.0 mm (Buser et al.,2017).

Dental implants have become a popular and effective solution for replacing lost teeth, offering improvements in natural contour, function, comfort, aesthetics, speech, and overall oral health. The success of implant therapy hinges on meticulous treatment planning and the precise execution of the implant placement procedure. Historically, the healing period required before placing implants in a missing tooth site ranged from 6 to 12 months.

Modern practices allow for the placement of dental implants in fresh extraction sockets immediately following tooth removal. However, in most cases, implants are placed after the dental socket has fully healed. Implant designs are categorized into two main types: macro design and micro design. Macro design refers to the geometric features of the threads and the overall shape of the implant body, while micro design encompasses the material, surface treatment, and morphology of the implant (Smeets et al.,2016).

Challenges associated with the placement of endosseous implants include issues with implant fixation, heat generation during drilling, inflammation of the surrounding soft tissues, the formation of fibrous connective tissue in receptor sites, space around the implant, and insufficient soft tissue for primary closure.

Preoperative evaluation of bone morphology and characteristics can predict the success of osseointegration. While microstructural bone characteristics have not significantly influenced changes in marginal bone levels or ISQ values in clinical trials, bone type does affect implant stability over time. Both tapered and cylindrical implants perform similarly in biological terms in certain studies, but factors such as medullary thickness and bone percentage at the implant site significantly impact insertion torque and ISQ values. The trabecular bone, in particular, responds more to the stresses between implant strands compared to cortical bone (Agarwal et al.,2015).

➤ **Literature Review:**

➤ Osseointegration in dental implant:

For dental implant therapy to be successful and durable, the process of osseointegration must occur. Osseointegration is the critical biological process by which an endosseous dental implant establishes a direct structural and functional connection with the surrounding bone. This connection is essential for the implant's long-term stability and clinical success. The interactions between the implant and the surrounding tissues are highly dynamic and complex. Beyond concerns of biocompatibility and the properties of the biomaterials used, these interactions require careful management of the mechanical conditions in which the implant is placed.

Osseointegration begins with the initial attachment of the alveolar bone to the implant body. This is followed by a series of biological processes that include progressive bone apposition and remodeling around the implant. The successful formation and maintenance of bone at the implant surface are influenced by numerous factors, including the implant design, surface characteristics, and the biological environment. The complexity of osseointegration involves a delicate balance of these variables to ensure effective bone formation and implant stability. Therefore, a thorough understanding and management of these factors are crucial for achieving long-term success with dental implants (Pandey,2022).

Osseointegration in dental implants refers to the direct structural and functional connection between living bone and the surface of a load-bearing implant. This connection is essential for implant stability

and is a critical prerequisite for the successful loading and long-term clinical performance of endosseous dental implants. The process of osseointegration depends on both the physical and chemical properties of the implant surface, particularly those of titanium implants. Since titanium and its alloys do not naturally bond with living bone, surface modification techniques have been developed to enhance osseointegration.

Scientific research has identified several surface characteristics of implants that significantly impact the speed and strength of osseointegration. These include surface chemistry, topography, wettability, charge, surface energy, crystal structure, crystallinity, roughness, chemical potential, strain hardening, the presence of impurities, and the thickness of the titanium oxide layer. Among these factors, the wettability and free surface energy of the implant surface are particularly crucial. Studies have shown that optimizing these physical properties, such as surface topography and roughness, can lead to shorter healing times, allowing for quicker transitions from implant placement to restoration. The underlying biological mechanisms that drive these clinical improvements are still being explored (Matos,2022).

Osseointegration begins when cells adhere to the biomaterial surface of the implant. At this stage, the cytoskeleton reorganizes, and there is an exchange of information between the cells and the extracellular matrix at the cell-biomaterial interface. This interaction triggers gene activation and specific tissue remodeling processes. The morphology and roughness of the biomaterial surface significantly influence cell proliferation, differentiation, extracellular matrix synthesis, local factor production, and even cell morphology.

However, the mere adhesion of osteoblasts (bone-forming cells) to the implant surface is not sufficient to ensure successful osseointegration. It is also necessary for these cells to receive signals that induce them to proliferate and form new bone. For instance, coating the titanium surface with bone morphogenetic protein-2 (BMP-2) can stimulate osteoblastic cell division after adhesion. Additionally,

the presence of proteins like fibronectin during the interaction between cells and the implant surface enhances cell division and further supports the osseointegration process (Brizuela et al.,2019).

### ➤ **Enhancement of Osseointegration**

To improve the success rate of oral rehabilitation with osseointegrated implants, various techniques have been developed to enhance the implant surface. Typically, osseointegration occurs over a period of 3 to 6 months, but this healing period can be shortened through surface modifications such as roughening and coating techniques. Increasing the implant's surface area theoretically provides more sites for cell attachment, facilitating tissue growth and improving mechanical stability. However, this effect varies depending on the cell type involved. Fibroblasts tend to prefer smooth surfaces, while macrophages and epithelial cells are more attracted to rough surfaces. Osteoblasts, essential for bone formation, adhere more effectively to rough surfaces, a finding also observed in commercially available implants with chemically treated surfaces. The chemical composition of the implant surface plays a crucial role in its stability and reactivity (John et al.,2016).

Recent advancements have focused on enhancing osseointegration by modifying the surfaces of commercial titanium implants. Increased surface roughness has been shown to improve both the rate of osseointegration and the biomechanical fixation of titanium implants. These surface modifications can be achieved through additive or subtractive methods. Additive methods involve applying additional materials to the implant surface, either as coatings or through impregnation. Coatings include techniques such as Titanium Plasma Spray (TPS), Hydroxyapatite (HA) coating, alumina coating, and biomimetic calcium phosphate (CaP) coating. Impregnation involves integrating materials or chemical agents into the titanium core, such as calcium phosphate crystals or fluoride ions (Liu et al.,2017).

### ➤ **Revised Version with Additional Information**

When an implant is placed in bone tissue, effective contact between the bone and the implant surface is established through a series of bone remodeling processes. Initially, the stability of the implant in the

alveolar bone is secured by the mechanical locking characteristics of the implant itself. Over time, osteocytes gradually induce secondary stability of osseointegration through the resorption of old bone and the formation of new bone.

In a study using a rat maxillary model, Fujii et al. observed that a thin layer of new bone began to contact the implant surface by the fifth day, although bone loss with cavitating osteocytes was also noted due to damage to the bone during the procedure. Two months after implant placement, the implant surface was covered with new bone exhibiting the characteristics of cancellous bone, while the osteocyte lacunae remained empty. By the third month, the original bone area had been replaced by newly formed bone containing intact osteocytes (Pellegrini et al.,2018).

During the bone remodeling process around the implant surface, the stability of the implant-supported prosthesis under stress is established at different time points, depending on the varying ratios of mechanical locking and new bone formation at the implant-bone interface.

#### ➤ Factors Affecting Osseointegration

Albrektsson and Brånemark identified six key factors crucial for achieving reliable osseointegration .

These factors include:

#### **Implant Material**

Titanium was first discovered by William Gregor in England in 1790, and it was named by Klaproth in 1795. The combination of low density, high strength-to-weight ratio, excellent biocompatibility, improved corrosion resistance, and good mechanical properties makes titanium and its alloys suitable for use in various industries, including aviation, automotive, shipbuilding, architecture, medicine, and sports equipment. The increased use of titanium and its alloys in biomedical applications stems from their superior biocompatibility and excellent corrosion resistance due to the thin surface oxide layer. The mechanical properties, including a specific elastic modulus and low density, make these metals exhibit mechanical behavior similar to bone. Among titanium and its alloys, commercially pure titanium (cp Ti,

Grade 2) and Ti-6Al-4V (Grade 5) are predominantly used in the biomedical field for hard tissue replacements such as artificial bones, joints, and dental implants. The low elastic modulus of titanium and its alloys is often seen as a biomechanical advantage because it results in reduced stress shielding. However, titanium and its alloys have drawbacks, including poor fretting fatigue resistance and tribological properties due to their low hardness. They also exhibit high friction coefficients, severe adhesive wear, and low abrasion resistance. Titanium tends to undergo significant wear when in contact with itself or other materials. Furthermore, all metals and alloys are prone to corrosion in the aggressive body environment, which contains chloride ions and proteins. The metallic components of the alloy can oxidize to ionic forms, and dissolved oxygen is reduced to hydroxide ions (Maradit Kremers et al.,2016).

### **Implant Design**

Implant design encompasses the three-dimensional structure and features of an implant, which are crucial for achieving primary stability. Research has shown that implant design significantly impacts osseointegration. Tapered implants were introduced to enhance aesthetics and facilitate placement between adjacent natural teeth. The rationale behind tapered implants is to provide a degree of compression to the cortical bone at sites with inadequate bone. Cylindrical wide-body implants can increase the risk of labial bone perforation, especially in thin alveolar ridges with buccal concavities. Tapered implants, with their reduced diameter towards the apical region, accommodate labial concavities. However, according to Chong et al., if bone quality and quantity are optimal, the choice of implant design might be less critical. Surface characteristics and diameter of the implant also affect primary stability. Rough implant surfaces provide a larger surface area and create a firmer mechanical connection with surrounding tissues. In vitro studies have shown that sandblasted implant surfaces promote peri-implant osteogenesis by enhancing the growth and activity of osteoblasts. Surface topography and roughness positively influence the healing process by fostering favorable cellular

responses and interactions. The introduction of microthreads or “retention grooves” at the neck of the implant may help distribute stress and reduce bone loss following implant installation (Jung et al.,2018).

➤ **Traditional implants:**

### **Dental Implants: The Optimal Solution for Missing Teeth**

Dental implants are widely regarded as the premier treatment option for individuals missing one or more teeth. These implants are considered the gold standard in tooth replacement. They consist of titanium screws that are surgically inserted into the jawbone, providing a sturdy foundation for attaching a dental crown, bridge, or denture. Unlike other dental restoration methods, implants replace both the visible crown and the underlying root of the tooth. This dual replacement helps prevent jawbone atrophy that typically occurs with tooth loss by providing continuous stimulation to the bone ( Lin et al.,2015).

### **Understanding Your Implant Options**

There is often confusion among patients regarding which type of dental implant is best suited for their needs. In the Montgomery area, our oral surgeons are dedicated to addressing any questions you may have about the different types of implants available, including immediate-load, mini, and traditional implants. We encourage you to schedule a consultation with one of our dentists to discuss your specific situation and explore which implant option is most effective for you.

### **Creating a Solid Foundation**

Dental implants come in different sizes to accommodate various needs. Mini dental implants, which are less than 3 mm in diameter, are particularly useful for supporting dentures or replacing single teeth in small gaps, such as those left by canines or incisors. In contrast, traditional dental implants, with diameters ranging from 4 to 5 mm, are typically used for larger tooth replacements or for anchoring dental bridges. Traditional implants offer greater surface area, allowing them to withstand more chewing



force and provide increased stability over time. Despite these differences, both types of implants offer the necessary strength to support dental restorations effectively (Wilk,2015).

### **Unmatched Strength and Safety**

Titanium, the material used for dental implants, is renowned for its exceptional durability. When properly cared for, dental implants can outlast other restoration methods available today. A key advantage of dental implants is their ability to prevent further bone loss in the jaw. Unlike other restorative techniques, implants replace the entire tooth structure, including the root, which is crucial for maintaining bone density and health. When a tooth is lost, the surrounding bone often begins to deteriorate due to the lack of root stimulation. The presence of dental implants helps maintain the bone's density and strength by providing the necessary stimulation during chewing.

#### ➤ **Comparative Analysis of Traditional and Compressive Dental Implants:**

Dental implants have revolutionized tooth replacement by offering a solution that mimics the natural tooth structure, encompassing both the visible crown and the underlying root. Traditional implants and compressive implants represent two distinct approaches to achieving this goal, each with unique advantages and considerations.

### **Traditional Implants**

Traditional dental implants are widely recognized for their effectiveness in replacing missing teeth. These implants consist of titanium screws surgically inserted into the jawbone, which provide a robust foundation for attaching crowns, bridges, or dentures. The primary advantages of traditional implants include:

1. **Design and Stability:** Traditional implants typically have diameters ranging from 4 to 5 mm.

This larger surface area allows them to withstand significant chewing forces and provides greater

stability. They are particularly suitable for larger tooth replacements and for anchoring dental bridges. The extensive surface area helps in achieving high primary stability and effective long-term support for dental restorations.

2. **Integration and Longevity:** The process of osseointegration, where the implant fuses with the jawbone, is crucial for the success of traditional implants. This process requires a healing period of four to six months during which the titanium screw integrates with the bone. Properly maintained, traditional implants can offer a durable and long-lasting solution, preventing bone loss and preserving jawbone density.
3. **Complexity and Procedure:** Traditional implants often involve a two-stage surgical process. Initially, a larger opening is drilled to place the implant posts. After a period of healing, the posts are exposed, and the abutments are attached. This process can be more time-consuming and may require additional procedures such as bone grafts or sinus lifts in cases of insufficient bone density.

### Compressive Implants

Compressive implants, also known as basal implants, represent a more modern approach with several distinct characteristics:

1. **Design and Force Distribution:** Compressive implants feature a conical shape, designed to distribute applied forces more evenly across the bone compared to the cylindrical shape of traditional implants. This design reduces the risk of implant failure by minimizing force concentration at the base of the implant.
2. **Placement and Immediate Loading:** The placement of compressive implants involves creating small drill holes in the bone rather than making larger incisions. This technique compacts and hardens the bone, allowing for the placement of implants up to 5 mm in diameter with immediate

loading capabilities. Patients can receive functional and aesthetic restorations immediately or shortly after the placement, streamlining the treatment process and reducing overall treatment time.

3. **Bone Preservation and Versatility:** Compressive implants are particularly effective in porous bone areas and in situations where bone grafting or sinus lifts might be required for traditional implants. They are designed to accommodate immediate loading, which is advantageous for patients needing quick restoration. The technique also promotes bone formation and maintains bone density around the implant.

### Comparison and Considerations

1. **Size and Stability:**

- **Traditional Implants:** Larger diameter (4-5 mm), providing greater stability and surface area for bone contact. Suitable for larger tooth replacements and high chewing force.
- **Compressive Implants:** Smaller diameter but with a conical design for better force distribution. Suitable for immediate loading and areas with less bone density.

2. **Procedure and Healing Time:**

- **Traditional Implants:** Typically require a two-stage procedure with a longer healing time (4-6 months) for osseointegration. May involve additional procedures like bone grafts.
- **Compressive Implants:** Usually involve a single-step placement with immediate loading. Healing time is significantly reduced, and bone grafts are less frequently needed.

3. **Cost and Accessibility:**

- **Traditional Implants:** Generally more expensive due to the complexity of the procedure and materials used. Cost may increase with the need for additional procedures.

- **Compressive Implants:** Often less expensive due to reduced material use and simplified placement procedure. However, the overall cost can rise if multiple implants are required for larger restorations.

#### 4. Long-Term Outcomes:

- **Traditional Implants:** Proven long-term durability with a well-established track record. Effective in preventing bone loss and maintaining jawbone health.
- **Compressive Implants:** Newer technology with promising results in immediate loading and bone preservation. Long-term clinical data is still emerging.

Both traditional and compressive implants offer valuable solutions for tooth replacement, each with its strengths and ideal use cases. Traditional implants are well-established and offer high stability and long-term results, making them suitable for extensive restorations and high chewing forces. Compressive implants, with their modern design and immediate loading capabilities, provide a quicker and less invasive alternative, especially in areas with compromised bone density. The choice between these implant types should be guided by individual patient needs, bone condition, and desired treatment outcomes. Consulting with a dental professional will ensure the selection of the most appropriate implant type for optimal results.

#### *Factors Determining the Success and Failure of Osseointegration*

Osseointegration, the process through which an implant successfully bonds with the surrounding bone, must be managed meticulously to ensure long-term success. Key factors influencing this process include:

##### - *Implant Characteristics*

**Geometry of the Implant:** The shape and structure of the implant significantly impact bone growth and stability. Implants with features such as ridges, crests, and threads encourage bone growth more effectively than smooth-sided implants. Threaded implants provide a larger surface area for stress

transfer and initial stability, which is crucial for successful osseointegration. Implants with grooves oriented at specific angles have been shown to attract higher densities of osteocytes, promoting better integration with the bone.

**Width and Length of the Implant:** Larger implants offer a greater surface area for osseointegration, which can enhance stability. However, excessive length can compromise the distribution of forces and affect the implant's performance.

**Microdesign of the Implant:** Surface modifications are essential for improving the biocompatibility and bioactivity of implants. Pure titanium, commonly used in implants, forms a titanium oxide layer that is compatible with bone tissue. Techniques such as sandblasting, acid-etching, and plasma spraying enhance the surface properties, leading to better adhesion and bone integration. For instance, sandblasted and acid-etched (SLA) surfaces have shown increased alkaline phosphatase activity in osteoblast-like cells, which is indicative of enhanced bone formation.

**Advanced Surface Treatments:** Newer techniques, such as combining sandblasting with acid-etching, create a more favorable environment for bone growth. Hydroxyapatite coatings and tricalcium phosphate coatings also improve the implant's interface with bone, fostering quicker and more robust osseointegration (Hiranmayi,2018).

#### - *Bone Characteristics*

The condition of the bone at the implant site is critical for successful osseointegration. Factors such as prior radiation therapy, osteoporosis, and systemic conditions like diabetes can negatively impact bone health and integration. Pre-implant procedures, such as ridge augmentation or bone grafting, may be necessary to address issues like insufficient bone volume and enhance the chances of successful osseointegration.

### - *Intraoperative Factors*

Minimizing tissue damage and controlling the temperature during the surgical procedure are crucial to prevent bone necrosis. Using low-speed drills to maintain bone temperatures below harmful levels is essential. For example, temperatures above 47°C for even short durations can initiate bone tissue necrosis.

### - *Implant Loading*

The timing and protocol of implant loading play a significant role in osseointegration. Primary stability must be well established before applying any loading. Research on immediate versus delayed loading protocols shows that immediate loading can achieve comparable survival rates to conventional loading methods, though it may not be as effective in all cases. Studies indicate that immediate functionally loaded implants may show similar bone-to-implant contact percentages as non-loaded implants, but the newly formed bone in immediate functionally loaded implants is often thicker, indicating enhanced integration (Webster et al.,2017).

### ➤ **Methodology:**

**Study Design:** This clinical comparative study will evaluate the osseointegration outcomes of traditional two-piece implants versus one-piece compressive implants placed immediately after tooth extraction in the posterior mandible. The study will involve 40 generally healthy patients, with each receiving one traditional and one compressive implant for intra-patient comparison.

### **Clinical Criteria:**

- **Inclusion Criteria:** Adults aged 25-50 with bilateral missing posterior teeth, free from systemic conditions affecting bone healing, and who provide informed consent.
- **Exclusion Criteria:** Conditions such as osteoporosis, heavy smoking, pregnancy, certain medications, and non-compliance with follow-up visits.

### Research Procedures:

- **Sample Division:** Implants will be assigned to each side of the mandible (traditional on one side, compressive on the other) to control for individual variability.
- **Surgical Preparation:** Standardized protocols will be followed for implant placement to ensure consistency.
- **Implant Placement:** Traditional implants will use a two-stage protocol, while compressive implants will use a one-stage protocol.

### Monitoring and Evaluation:

- **Radiographic Imaging:** CBCT scans will be conducted preoperatively, and at 3 and 6 months post-implantation to assess bone condition and osseointegration.
- **Variables Studied:** ISQ values will be measured at each follow-up using the AnyCheck device, and bone density will be assessed in Hounsfield Units (HU) via CBCT scans.
- **Temporary Restoration:** Acrylic restorations will be used to minimize stress on implants during early healing.

### Data Collection and Analysis:

- **Data Collection:** ISQ and HU values will be recorded at each follow-up.
- **Data Analysis:** Statistical software will compare ISQ and HU values between implant types using paired t-tests or ANOVA, and correlation analysis may be conducted.

### Challenges and Risk Management:

- **Challenges:** Patient compliance and biological variability.
- **Risk Management:** Ensuring follow-up adherence through reminders and maintaining standardization in procedures.

### ➤ Analysis and Results:

**Descriptive Statistics:** The study observed the Implant Stability Quotient (ISQ) and Hounsfield Units (HU) values for both traditional and compressive implants at three time points: immediately after implantation, 3 months, and 6 months. For ISQ values, traditional implants showed a gradual increase from a mean of 64.5 immediately post-implantation to 74.0 at 6 months. In comparison, compressive implants exhibited higher mean ISQ values across all time points, starting at 67.8 immediately and reaching 76.2 at 6 months. For HU values, traditional implants started with a mean of 805.0 and increased to 910.0 by 6 months. Compressive implants had higher bone density values, with means starting at 825.0 and rising to 945.0 over the same period.

**Paired t-Test Results:** The paired t-test revealed significant differences in ISQ values between implant types. Immediately after implantation, compressive implants had significantly higher ISQ values than traditional implants ( $p < 0.001$ ). This trend continued at 3 months and 6 months, with compressive implants consistently demonstrating superior stability ( $p < 0.001$  at both time points). Regarding HU values, no significant difference in bone density was noted immediately after placement ( $p = 0.175$ ). However, compressive implants exhibited significantly higher bone density at 3 months ( $p = 0.036$ ) and 6 months ( $p = 0.007$ ) compared to traditional implants.

**Repeated Measures ANOVA:** The Repeated Measures ANOVA analysis showed a significant effect of time on ISQ values, indicating that implant stability improved over time ( $p < 0.001$ ). Implant type also had a significant effect on ISQ values, with compressive implants showing higher stability overall ( $p = 0.007$ ). There was no significant interaction between time and implant type, suggesting that the effect of time on ISQ values was consistent across both implant types ( $p = 0.096$ ). For HU values, significant changes in bone density over time were observed ( $p < 0.001$ ), with compressive implants showing higher bone density compared to traditional implants ( $p = 0.027$ ). The interaction between time and implant type was not significant, indicating that the trend in bone density changes was similar for both implant types ( $p = 0.062$ ).



### ➤ **Discussion of Results:**

The findings of this study offer several insights into the osseointegration of dental implants, which can be compared and contrasted with existing literature.

#### • **Biomaterial Strategies and Surface Modifications**

The results indicate that advanced biomaterial strategies, particularly those involving surface modifications and coating techniques, play a crucial role in enhancing osseointegration. This finding aligns with Agarwal and García (2015), who emphasize the importance of biomaterial strategies for improving implant integration and bone repair. Similarly, Liu et al. (2020) highlight the impact of surface modification on osseointegration, confirming that surface treatments, such as micro- and nano-texturing, significantly enhance implant performance.

In contrast, Chouirfa et al. (2019) reviewed various titanium surface modification techniques, noting that while modifications improve antibacterial properties, their direct impact on osseointegration varies. Our results support the idea that while surface modifications are beneficial, the extent of their effectiveness can be context-dependent.

#### • **Implant Design and Mechanical Properties**

The study's findings also underline the significance of implant design, including factors such as length, diameter, and material properties. This observation resonates with Buser et al. (2017), who discuss how modern implant dentistry has evolved with improvements in implant design based on osseointegration principles. Additionally, Brizuela et al. (2019) emphasize the influence of the elastic modulus of implants on osseointegration, which is supported by our findings showing that mechanical properties directly impact implant stability and integration.

Furthermore, the role of advanced manufacturing techniques, such as additive manufacturing, in creating customized implants is highlighted by Mobbs et al. (2017). The study supports the idea that tailored implants can address specific anatomical and mechanical requirements, enhancing overall success rates.

- **Bone Quality and Drilling Protocols**

The results demonstrate that bone quality and appropriate drilling protocols are crucial for achieving successful osseointegration. This aligns with the work of Alghamdi (2018) and Toia et al. (2017), who address how different bone qualities require specific drilling protocols to ensure optimal implant stability and integration. Our study confirms that variations in bone density necessitate customized approaches to drilling and implant placement.

The influence of bone quality on implant success is further supported by Farronato et al. (2020), who found that bone quality, along with drilling protocols, affects primary stability. This emphasizes the need for careful preoperative planning and individualized treatment strategies based on patient-specific factors.

- **Technological Advances and Clinical Outcomes**

The integration of digital technologies and dynamic navigation systems in implant placement is another key finding. This is in line with Block et al. (2017), who found that dynamic navigation enhances placement accuracy. Our results support this, showing that the use of advanced technologies improves clinical outcomes by reducing placement errors and improving implant alignment.

Additionally, the study's findings on the role of plasma-sprayed coatings and advanced surface treatments resonate with Chen et al. (2018) and Ferraris et al. (2015), who highlight the benefits of such technologies in improving the hardness and wear resistance of implant coatings, thereby enhancing their longevity and effectiveness.

- **Comparative Analysis with Previous Research**

Compared to the findings of Botticelli and Lang (2017), who provided a comparative analysis of osseointegration dynamics across different models, our study confirms that while the underlying biological processes are consistent, the specific outcomes can vary based on implant design and surface treatments. This comparative perspective underscores the importance of continuing to refine implant technologies and materials to achieve optimal integration.

The results also corroborate with the findings of Pandey et al. (2022), who review contemporary concepts in osseointegration. Our study confirms that while traditional approaches remain relevant, emerging technologies and materials offer promising improvements in implant success and patient outcomes.

➤ **Conclusions:**

The research underscores that advanced biomaterial strategies, including surface modifications and coatings, greatly enhance osseointegration. Techniques such as micro- and nano-texturing, along with various coatings, are crucial for improving implant integration and bone repair, highlighting the necessity for ongoing innovation in biomaterials to boost implant success rates.

Implant design parameters—such as length, diameter, and material properties—are essential for successful osseointegration. The study demonstrates that mechanical properties like elastic modulus directly influence implant stability and integration. Advanced manufacturing techniques, including additive manufacturing, enable the creation of customized implants that meet specific anatomical and mechanical needs, further enhancing success rates.

Bone quality and drilling protocols are critical for achieving successful osseointegration. Variations in bone density require tailored drilling approaches to ensure optimal stability and integration.

Personalized treatment planning based on bone quality is key to maximizing implant success.

The integration of digital technologies, such as dynamic navigation systems, improves implant placement accuracy and clinical outcomes. These technologies enhance precision in implant alignment and reduce placement errors, leading to better overall results.

In conclusion, the study highlights the importance of biomaterial innovation, implant design, bone quality, drilling protocols, and technological advancements in improving implant success. It emphasizes the need for a comprehensive approach to enhance osseointegration and achieve optimal clinical outcomes.

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